

CAPRICORNIA CRUISING YACHT CLUB INC.

2023 KBSC LADY SKIPPERS' RACE

Organized and conducted by

CAPRICORNIA CRUISING YACHT CLUB

JOHN HOWES DRIVE

ROSSLYN QLD 4703

SPONSORED BY KEPPEL BAY SAILING CLUB

SAILING INSTRUCTIONS

ver 1.0 160323

1. Rules

- 1.1 Racing will be governed by the rules as defined in the The 2021 – 2024 Racing Rules of Sailing (RRS) of World Sailing and the Prescriptions of Australian Sailing.
- 1.2 All yachts will comply with Category 5 of Australian Sailing Special Regulations (SR) Part 1 for Racing Boats.
- 1.3 Class rules as applicable.
- 1.4 The definition of a Lady Skipper is a female sailor in charge of the yacht throughout the race. In addition, the Lady Skipper will helm the yacht during the Start of the race, for the majority of the race and at the Finish of the race

2. Notice to Competitors

Notices to competitors will be posted on the CCYC website.

3. Changes to Sailing Instructions

- 3.1 Any changes to the sailing instructions will be posted at least 90 minutes before the scheduled start time for the race and will be detailed at the pre-race briefing.
- 3.2 The Race Committee reserves the right to issue verbal instructions or amendments to each yacht at any time before or during a race. Such changes during a race will be advised on the race channel.

4. Signals Made Ashore

No signals will be made ashore – this is due to lack of visibility between the race area and the club flag staff

5. Racing Area

Racing will be conducted within Keppel Bay as defined by the limits of Partially Smooth Waters. Refer to <https://www.msq.qld.gov.au/Safety/Smooth-and-partially-smooth-water-limits/Swl-keppel-bay>

6. Courses

The course for each division will be an island race and will be described at the briefing.

7. Marks

7.1 The start and finish marks will be specified at the briefing.

8. The Start

- 8.1 Races will be started in accordance with RRS 26.
- 8.2 The start line will be between a staff displaying signal flags on the race committee vessel and the starting mark.
- 8.3 The starting area will be as described at the race briefing.
- 8.4 A yacht starting later than fifteen (15) minutes after the starting signal may be scored Did Not Start (DNS).
- 8.5 In the event of a start boat not be available, a rabbit start will be used. The nominated yacht, the "rabbit", will announce the Warning Signal (5 minutes), the Preparatory Signal (4 minutes), Preparatory signal removed (1 minute) and the Start on the designated radio channel. The rabbit may motor-sail in light conditions (Rule 42.3 i). One minute before the start, the rabbit will be on starboard tack and remain on that tack until the start. At Start, the rabbit will tack close-hauled on port and will have right of way (amends RRS 10). To start, all yachts must pass astern of the rabbit on starboard tack. The rabbit maintains port tack until all yachts have started or for a maximum of 5 minutes. Once all yachts have started or 5 minutes have elapsed since the start, RRS 10 will apply to the start boat. Incorrect or the absence of radio calls by the start boat shall not be ground for redress. This alters rule 62.1 a.

9. The Finish

- 9.1 The finish line will be described at the pre-race briefing.
- 9.2 If a race is shortened, the finish line will be described by the PRO during the race.

10. Penalty System

- 10.1 The Two-Turns Penalty will apply if a yacht breaks a rule of RRS Part 2 "When boats meet" while racing. The One-Turn Penalty will apply if a yacht breaks RRS Rule 31 "Touching a mark" (Rule 44.1 and Rule 44.2)

- 10.2 Rule 44.3 "Scoring Penalty" will not apply

10.3 Time Limit

Rule 35 will apply.

For Island races the time limit will be 6 hours or at the discretion of the race PRO.

Where yachts are sailing in the same race but with different courses, they will be considered to be sailing different races for the purpose of Rule 35

11. Protests

- 11.1 Protests shall be written on forms available at the CCYC clubhouse. Protests shall be completed and returned before the end of the protest time limit.
- 11.2 The protest time limit will be 2 hours after the last yacht has finished the race.
- 11.3 Protest notices to inform competitors of hearings, will be posted on the official notice

board within 30 minutes of the end of the protest time. Protests will be heard as soon as possible and in the approximate order of receipt.

12. Radio Communications

- 12.1 All competing yachts shall carry radio communication equipment capable of transmitting and receiving on the designated race channel
- 12.2 Yachts intending to start shall contact the race committee vessel at least 10 minutes prior to the warning signal, advising name of yacht and number of POB.
- 12.3 The VHF race channel will be advised at the briefing.

13. Safety Regulations

- 13.1 All yachts shall comply with Qld Government Transport Operations (maritime Safety) Regulations 2016
- 13.2 A yacht shall carry adequate life-saving equipment for all persons on board, including one item for immediate use. Each competitor is individually responsible for wearing a personal flotation device adequate for the conditions (RRS Rule 1.2).
- 13.3 On yachts without lifelines, a lifejacket complying with AS4758-2015 minimum level 50) or AS1512-1996 Type 1 or Type 2 shall be worn by each member of the crew while on deck (see SR 5.01.1.{j}).
- 13.4 Participants under the age of 12 years of age, whilst on deck, shall wear a lifejacket compliant with AS4758 Level 100.
- 13.5 All skippers must "sign-on" on the race sheet provided inside the CCYC clubhouse prior to commencement of the race and "sign off" within 2 hours of finishing.
- 13.6 Signing off will be considered as a declaration that the yacht concerned has completed the race in accordance with 2021-2024 RRS and CCYC's 2023 Lady Skippers' Sailing Instructions.
- 13.7 A yacht which retires from a race shall advise the race committee as soon as practicable via the race channel or any other means possible (e.g., mobile phone) giving their current location and status.